

Niki Ktena

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EDUCATION

- 10/2018–Present **PhD student**
Faculty of Medicine, University of Crete & IMBB-FORTH, Heraklion (Greece)
Laboratory of Basic Neuroscience, Heraklion (Greece)
- 10/2016–10/2018 **MSc in Neuroscience**
Faculty of Medicine, University of Crete, Heraklion (Greece) (GPA: 9.09/10)
- 09/2011–06/2016 **BSc in Biology**
Department of Biology, University of Crete, Heraklion (Greece)
Specialization: Biomolecular Sciences and Biotechnology (GPA: 7.40/10)

LABORATORY EXPERIENCE

- 10/2018–Present **PhD thesis**, Laboratory of Basic Neuroscience, Faculty of Medicine & IMBB-FORTH, Heraklion, Greece. (Supervisor: Prof. D. Karagozeos)
Thesis title: “Role of myelinophagy in Central Nervous System (CNS) development”.
- 09/2020–12/2020 **Travelling Fellowship**, awarded by “Boehringer Ingelheim Fonds” for visiting Laboratory of Neurophagy, Department of Fundamental Neurosciences (DNF), Lausanne, Switzerland. (Supervisor: Prof. V. Nikolettou)
- “Study of the role of autophagy in myelin biogenesis and oligodendrocyte function”.
- 02/2018–09/2018 **MSc dissertation**, Laboratory of Basic Neuroscience, Faculty of Medicine & IMBB-FORTH, Heraklion, Greece. (Supervisor: Prof. D. Karagozeos)
“Study of myelinophagy in oligodendrocytes”.
- 10/2017–01/2018 **Lab Rotation**, Laboratory of Neurophagy, IMBB-FORTH, Heraklion, Greece. (Supervisor: Prof. V. Nikolettou)
“Generation of glutamatergic neurons deriving from mouse embryonic stem cells”.
- 07/2017–09/2017 **Lab Rotation**, Laboratory of Neurophysiology & Behavior, Department of Biology, Heraklion, Greece. (Supervisor: Prof. K. Sidiropoulou)
“Behavioral and electrophysiological study in the pilocarpine model of epilepsy in mice”.
- 04/2017–07/2017 **Lab Rotation**, Laboratory of Basic Neuroscience, Faculty of Medicine & IMBB-FORTH, Heraklion, Greece. (Supervisor: Prof. D. Karagozeos)
“Study of autophagy in neuroglial cells”.
- 01/2016–04/2016 **Erasmus placement**, Laboratory of Neural development and plasticity, Wolfson Institute for Biomedical Research, University College London, UK. (Supervisor: Prof. N. Kessaris)
“Organization of CA1 interneuron classes”.
- 01/2015–10/2015 **BSc dissertation**, Laboratory of Basic Neuroscience, Faculty of Medicine & IMBB-FORTH, Heraklion, Greece. (Supervisor: Prof. D. Karagozeos)
“Expression of Ermin in MGE-derived interneurons”.
- 07/2014–12/2014 **Laboratory course**, Laboratory of Developmental Neurobiology, IMBB-FORTH, Heraklion, Greece. (Supervisor: Prof. C. Delidakis)
“Immunohistochemical analysis of regulatory sequences of the Hey gene in Drosophila melanogaster”.

ADDITIONAL INFORMATION

Presentations in Scientific Conferences

- Poster presentations:**
- **Ktena N.***, Kaplanis S.I., Kolotuev I., Georgilis A., Kallergi E., Stavroulaki V., Nikolettou V., Karagozeos D., Savvaki M. (*presenting author)
“Autophagy degrades myelin proteins and is essential for maintaining CNS myelin homeostasis and preventing axonal degeneration.”
9th Symposium of Hellenic Academy of Neuroimmunology (HELANI), Thessaloniki, Dec. 2022.

- **Ktena N.***, Kaplanis S.I., Kolotuev I., Georgilis A., Kallergi E., Stavroulaki V., Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“CNS myelination: a role for autophagic function”
Federation of European Neuroscience Societies (FENS) Forum 2023, Paris, Jul. 2022.
- **Ktena N.***, S.I. Kaplanis, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“Autophagy in oligodendrocyte maturation and myelin homeostasis.”
29th Meeting of the Hellenic Society for Neuroscience, virtual, Oct. 2021.
- **Ktena N.***, S.I. Kaplanis, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“CNS myelination: a role for autophagic function.”
Federation of European Neuroscience Societies (FENS) Regional Meeting 2021, virtual, Aug. 2021
- **Ktena N.***, S.I. Kaplanis, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“A critical role for autophagy in oligodendrocyte maturation and myelin formation”
XV European Meeting on Glial Cells in Health and Disease, virtual, Jul. 2021
- **Ktena N.***, S.I. Kaplanis, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“The role of autophagy in the developing CNS myelin.”
Glia in Health and Disease, virtual, Jul. 2020
- **Ktena N.**, Nikolettou V., Karagogeos D., Savvaki M.* (*presenting author)
“The role of autophagy in the developing CNS myelin.”
FENS Kavli Network of Excellence (FKNE) Winter Symposium 2019, Heraklion, Greece, Nov. 2019.
- **Ktena N.***, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“A critical role for autophagy in oligodendrocyte maturation and myelin sheet formation.”
12th Foundation for Research and Technology (FORTH) Scientific Retreat, Patras, Greece, Oct. 2019.
- **Ktena N.***, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“A critical role for autophagy in oligodendrocyte maturation and myelin sheet formation.”
28th Meeting of the Hellenic Society for Neuroscience, Heraklion, Greece, Oct. 2019.
- **Ktena N.***, Nikolettou V., Karagogeos D., Savvaki M. (*presenting author)
“Autophagy in oligodendrocytes”
XIV European Meeting on Glial cells in Health and Disease, Porto, Portugal, Jul. 2019.

Publications

- **Ktena, N.**, Kaplanis, S. I., Kolotuev, I., Georgilis, A., Kallergi, E., Stavroulaki, V., Nikolettou, V., Savvaki, M., & Karagogeos, D. (2022). Autophagic degradation of CNS myelin maintains axon integrity. *Cell stress*, 6(12), 93–107. <https://doi.org/10.15698/cst2022.12.274>
- Savvaki, M., Kafetzis, G., Kaplanis, S. I., **Ktena, N.**, Theodorakis, K., & Karagogeos, D. (2021). Neuronal, but not glial, Contactin 2 negatively regulates axon regeneration in the injured adult optic nerve. *The European journal of neuroscience*, 53(6), 1705–1721. <https://doi.org/10.1111/ejn.15121>
- Asgarian, Z., Magno, L., **Ktena, N.**, Harris, K. D., & Kessarar, N. (2019). Hippocampal CA1 Somatostatin Interneurons Originate in the Embryonic MGE/POA. *Stem cell reports*, 13(5), 793–802. <https://doi.org/10.1016/j.stemcr.2019.09.008>
- Bastakis, G. G., **Ktena, N.**, Karagogeos, D., & Savvaki, M. (2019). Models and treatments for traumatic optic neuropathy and demyelinating optic neuritis. *Developmental neurobiology*, 79(8), 819–836. <https://doi.org/10.1002/dneu.22710>

Honors and Awards

- 2022, Prize for poster presentation at 9th Symposium of Hellenic Academy of Neuroimmunology (HELANI), Thessaloniki, Dec. 2022.
- 2021, Manassaki Foundation, University of Crete, Graduate Excellence Awards for 2018-2019.
- 2021, Prize for poster presentation at 29th Meeting of HSfN, travel Award to attend FENS Forum Paris 2022.
- 2020, “Boehringer Ingelheim Fonds” travel grant to spend 3 months in Prof. Nikolettou lab, University of Lausanne, Lausanne, Switzerland.
- 2016, Erasmus+ Fellowship, State Scholarships Foundation (I.K.Y.) to spend 3 months in Prof. Kessarar lab, UCL, London, UK.

Languages

- Greek: native speaker
- English: Certificate of Proficiency in English-Michigan University (C2)
- German: Goethe- Zertifikat B1

Computer skills

- Windows MS Office (Word, Excel, Power Point)
- Photoshop, Image J
- IGORPro, WinWCP

Other skills

- successful completion of the Federation of European Laboratory Animal Science Associations (FELASA) Accredited Course, ref. 051/15, "Care and use of laboratory animals: mice, rats, zebrafish", May-June 2019. FELASA Certificate ID: 051/15_8_2019.